**Purpose** – Below is just a few of the many areas we will concentrate on.

* **How to get started** in the recruiting process?
* **Explain** differences in D1, D2, D3 and NAIA levels of play and scholarships available.

• **Outline -** High School and College Requirements.

* **Describe** the student volleyball recruiting process
* How? (Letters of introduction and or video) and When to market yourself?
* **University Athlete –** What is it and Why?

• Discuss **NCAA** rules and regulations.

• Lay out a **timetable** for typical student recruiting success.

• Learn about your **daughter’s goals** and **objectives** to gain individual success.

• **Understand** your daughter’s plans for the future.

* **Visits** – Unofficial and Official
* **Recruiting Services** – Pro’s and Con’s.

**How to get started -** Assessment Packet – Guideline……not X marks the spot

* **NCAA Eligibility Center** [www.ncaaeligibilitycenter.org/](http://www.ncaaeligibilitycenter.org/)

**Level of Play…. D1, D2, D3, NAIA, JUCO – Look in your own backyard I-5 corridor and Athletic Money**

* DI = 12 – head count sport (all or none)
* DII = 8 – can partition out scholarship dollars
* DIII = 0 -
* NAIA = 8 - can partition out scholarship dollars
* JUCO = 14\* Varies per school

**High School and College Requirements**

|  |  |  |
| --- | --- | --- |
|  | **HIGH SCHOOL** | **COLLEGE** |
| **Class Time** | 6 hours a day – 180 days = 1086 hours | 12 hours a week, 28 weeks = 336 hours |
| **Class Size** | 30-35 students | Up to 500 students |
| **Study Time** | Whatever it takes 1-2 hours a night | Rule of thumb 2 hours of study per 1 hour class 3-4 hours a day |
| **Tests** | Weekly, frequent quizzes | 2-3 test per quarter or semester and 1-2 papers |
| **Grading** | Based on level of effort or level of improvement | Based on mastery of course level |
| **Teaching** | Attendance taken daily, check assignments, lecture from textbook | \*Rarely take attendance –– Integrates material from variety of sources |
| **Freedom** | Structured time…limits set by parents | Managing time and personal freedom is the greatest challenge to students. Self-reliance is the key. |
| **Practice and travel time** | 10-14 hours a week for 8 -10 weeks | Up to 20 hours a week….does not include travel time for 14 -16 weeks |

**Marketing Yourself**

* When?....Never too early
* Sophomore and junior year = BIG recruiting year’s
* **What Can You Do?**
* Initiate Contact …. \***letters of introduction** – *make letters personal*
* Attend a Match – make contact with coaches after a match – Say Hi, Where your club gear….no verbal contact until after June 15th of your sophomore year.
* Attend Summer Camps!! Win – Win –this can change at any time.
* Club Exposure – attend competitive tournaments
* Meet w/ HS Counselor / Club coaches…. use your resources
* GPA…Yes, it is very important
* ACT/SAT…
* **Video -** Skills Video and Game Footage
* Skills

- 5 minutes maximum

- Include Introduction – club team, position, height, jump reach, etc….

* Highlight skills being recruited for
* Game Footage
* Can be unedited or edited
* Can always ask coaches what they specifically want
* **Send DVD or Email Online Link**

Places to upload video:

* YouTube
* Personal Website
* Recruiting Website
* **Schedule**
* Make sure the schools you are interested in receive a copy of your club schedule as soon as possible
* **Options:**
* Send hard copy by mail
* Email word/PDF file
* Email exact link to schedule
* Preferably a file attachment that can be saved by coaches

**University Athlete**

University Athlete is an online database used by most volleyball programs in the country to access information on prospective players and the rosters and schedules of large tournaments

University Athlete is **free** for players. \*\*New this year cost if you upload video. Usually if you are registered with USAV, you are automatically loaded into UA. Create your users name and password and keep your information up-to-date in UA so coaches can contact you!!<http://www.universityathlete.com>

DIVISION I, II, & III ACADEMIC STANDARDS NCAA

**Eligibility Scale**

**NCAA Division I Academic Eligibility requirements**

Division I schools require you to meet academic standards for NCAA core courses, core course GPA and test scores.

To be eligible to practice, compete and receive athletics scholarships in your first full-time year at a Division I school, you must graduate from high school and meet ALL the following requirements:

• Complete a total of 16 NCAA core courses in the following areas:

+ 4 years of English

+ 3 years of math (Algebra 1 or higher)

+ 2 years of natural/physical science (including one year of lab science if offered)

+ 2 years of social science

+ 1 additional year of English, math or natural/physical science

+ 4 additional years of English, math, natural/physical science, social science,

foreign language, comparative religion or philosophy

• Complete 10 of your 16 core courses, including seven in English, math or natural/physical science, before the start of your seventh semester. Once you begin your seventh semester, you must have more than 10 core courses complete to be able to repeat or replace any of the 10 courses used to meet the 10/7 requirement.

• Earn an SAT combined score or ACT sum score that matches your core-course GPA (minimum 2.300) on the Division 1 sliding scale If you plan to attend a Division I school, you must complete 16 NCAA-approved core courses in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate from high school early, you must still meet core-courses requirements

NCAA Division II Academic Eligibility requirements

**To be eligible to compete in NCAA sports during your first year at a Division II school, you must meet academic requirements for your core courses, grade-point average (GPA) and test scores.**

You must graduate high school and meet ALL the following requirements:

• Complete a total of 16 core courses:

+ 3 years of English

+ 2 years of math (Algebra 1 or higher)

+2 years of natural/physical science (including one year of lab science if offered)

+2 years of social science

+3 additional years of English, math or natural/physical science

+4 additional years of English, math, natural/physical science, social science, foreign language,

comparative religion or philosophy

• Earn at least a 2.200 GPA in your core courses

• Earn an SAT combined score or ACT sum score matching your core-course GPA on the Division II sliding scale, which balances your test score and core-course GPA. If you have a low test score, you need a higher core course GPA to be eligible. If you have a low core-course GPA, you need a higher test score to be eligible.

**NCAA Division III Academic Eligibility requirements**

Division III schools provide an integrated environment focusing on academic success while offering a competitive athletics environment. Division III rules minimize potential conflicts athletics and academics and focus on regional in-season and conference play.

While Division III schools do not offer athletics scholarships, 75 percent of Division III student-athletes receive some form of merit or need-based financial aid.

If you are planning to attend a Division III school, you do not need to register with the NCAA Eligibility Center. Division III schools set their own admissions and eligibility standards. You can visit NCAA.org/d3 or contact the Division III school you are planning to attend.

**Rules for Communication**

There are rules on when college coaches can communicate with prospects (9th grade on) and the rules vary with the different divisions (Div. I, Div. II, etc).

**Freshman - Sophomore Year**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **In Person off Campus Contact** | **Phone Calls** | **Mailing** | **Emails** | **Questionnaires** | **Camp Brochure/Camp Invite** | **Tryouts** |
| **Division I** |  |  | **NO** | **NO** | **YES – ON- LINE** | **YES** |  |
| **Division II** |  |  | **One athletic letter** |  | **YES** | **YES** |  |
| **Division IIII** |  | **YES** | **YES** | **YES** | **YES** | **YES** |  |
| **JUCO** |  |  |  |  |  |  |  |
| **NAIA** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** |

***\*\*\*\* June 15th following the Sophomore year contact can be made\*\*\****

**Junior Year**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **In Person off Campus Contact** | **Phone Calls** | **Mailing** | **Emails** | **Questionnaires** | **Camp Brochure/Camp Invite** | **Tryouts** |
| **Division I** |  | **YES** | **YES** | **YES** | **YES** | **YES** |  |
| **Division II** |  | **YES** | **YES** | **YES** | **YES** | **YES** |  |
| **Division IIII** |  | **YES** | **YES** | **YES** | **YES** | **YES** |  |
| **JUCO** |  |  |  |  |  |  |  |
| **NAIA** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** |

**Senior Year**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **In Person off Campus Contact** | **Phone Calls** | **Mailing** | **Emails** | **Questionnaires** | **Camp Brochure/Camp Invite** | **Tryouts** |
| **Division I** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** |  |
| **Division II** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** |  |
| **Division IIII** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** |  |
| **JUCO** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** |
| **NAIA** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** | **YES** |

**Division I Women’s Volleyball Recruiting Calendar 2019-2020**

* August 1-31, 2019: Quiet period
* September 1 – November 30, 2019: Contact period
* November 11-14, 2019: Dead period
* December 1, 2019 – January 31, 2020: Quiet period
  + During the AVCA annual awards banquet, college coaches can accidentally bump into two-year college athletes who’ve been awarded. But they are not allowed to have any conversations about recruiting at that time.
  + Coaching staff is permitted to evaluate recruits on one day only, starting the Thursday of the NCAA Division 1 Women’s Volleyball Championship through the Sunday immediately following the championship. The event they recruit at must be within a 30-mile radius of the championship site, and they cannot attend any events that take place at the same time as a collegiate game.
* February 1 – July 31, 2020: Contact period
* February 1-13, 2020: Quiet period
* May 1-28, 2020: Quiet period

**Text Messaging & Social Media**

Most coaches are allowed to send text messages once you have completed your sophomore year on June 15th.

**Facebook**

Coaches must treat it like email. Coaches can email you through Facebook but cannot write on your wall. Coaches may only befriend you until you have completed your sophomore year on June 15th.

**Twitter**

Coaches cannot directly tweet you. Coaches can not follow you until have completed your sophomore year on June 15th.

Evaluations

* Where? – at club season tournaments

Help the recruiting coach by emailing prior to the tournament and making him/her aware of your playing schedule (court and playing time)

* Remind coach of your jersey number
* Text college coach the day of the tournament (remind him/her of your court/playing schedule)
* Ensure that your club coach has your updated player profile available to be handed out
* While at recruiting tournaments, college coaches cannot talk to you or your parents – a simple wave or hello is allowed
* Specifically, what are college coaches looking for?
* Skill level, athleticism and court presence

**Unofficial Visit**

* Made at the prospects expense
* You have unlimited unofficial visits
* Can make these visits at any time
* Make college visits throughout your sophomore but you CANNOT HAVE CONTACT WITH ANYONE IN THE ATHLETIC DEPARTMENT!
* Spring break, weekends, at travel tournaments if possible…etc…
* Do some homework on the school…always nice so you can ask questions with the general students and facility NOT IN THE ATHLETIC DEPARTMENT.
* Dress well, look the part
* Respectful to parents!!! You would be surprised…

**Official Visit**

* All expenses paid visit to the institution
* Maximum of 5 paid visits = no more than 1 visit per school
* No sooner than opening day of classes of Junior year = 1st visit (September 1st)
* Prior to the visit, you must provide high school transcripts, and test scores PSAT/SAT/ACT to the college
* **Ask questions**, hold a conversation = we are not recruiting your parents!!!
* NCAA Clearinghouse (must be registered)
* Parents’ hotel, food, gas and entertainment will be covered
* You will tour the campus, meet the team and the coaches
* Ask questions
* Visit lasts for 48 hours

**Signing Period**

* Prior to August 1 of a prospective student-athlete’s senior year in high school, an institution shall not provide a written offer of athletically related financial aid.
* Most schools wait until the first signing date, November, before scholarship papers are mailed
* In most cases, a Prospective student-athlete will also sign a National Letter of Intent when signing a Grant in Aid
* Student-athletes may continue to sign any time after that early date or the institution may wait to the late signing date in April

**Recruiting Services** – the Pro’s and Con’s

|  |  |
| --- | --- |
| **Pro ’s** | **Con’s** |
| Recruiting budget’s (smaller schools or outside the regional area. Recruiting tool for few coaches. (late in the process) | If you are good enough the coaches will find you! |
| Aid in the process of recruiting with coaches. | Take advantage of athletes and parents by charging outrageous fees. |
| Simplifies the recruiting process – videos, emails, contacts, etc… | Often time’s emails get delete quickly without reading. |
|  | Makes the recruiting process begin as a business deal verses building a relationship. |
|  | Only assist in the first connection. They’re not agents and they cannot secure scholarships or spots on a roster. |

Dear future college…

Subject Line: Name / Class / Position

Club Dear Coach’s name (Head), (Assistant), and (Assistant),

I am currently a (year) at (High School) in (City), Oregon. After my initial research into your (university), I believe, I am a great fit and asset to the (College) women’s volleyball program! The location, size, academics offering (i.e. Business) and your volleyball program is a perfect match. Add only a sentence here if…..you have been on campus before or you have had family members attended in the past. I am reaching out to share with you my player profile and upcoming club schedule. Below are some brief details about me as a player and a student.

I have also included the contact information for my coaches and staff at Oregon Juniors Volleyball Club. If you would like to further discuss my interest and abilities. You can review my skills and high school highlight video here: (attach link)

**Personal Player Details:**

Height:

Position:

Club & Team: Oregon Junior Volleyball Club / OJVA 17- GOLD

Uniform #

Approach Jump:

**Student Details:**

High School:

Graduation Date:

GPA:

Test Scores:

**Current Club Coach Contact Info:**

Head Coach: Name, email, telephone number

Tournament schedule: (List tournaments with dates)

Thank you for your time and the opportunity.

I look forward to hearing from you!

Best Regards,

Recruiting is stressful. Coaching club teams and college programs over the last 22 years I've seen recruiting from many different perspectives. There is so much miss information about the process. Some brief suggestions when contacting a college.

1. Make sure you address your email to the right school and coach. I have received email’s exclaiming how much a recruit was ready to be a Cougar at Washington State, unfortunately, for the recruit, I was coaching at Eastern Washington University.
2. Keep the email short and avoid attachments!  For the most part, a lot of the time, coaches are looking at emails on my smartphone. Any email longer than what can fit on my phone screen isn't going to be read. Sending an attachment isn't necessary and is often difficult to open on a smartphones.
3. Include your graduation year in the subject line or first sentence of the email. Making it hard to find your graduation year makes it hard for a coach to know how to respond (if legally able to respond) to your email.
4. YouTube - if you have video available, upload it to YouTube and include the link within your short email. It's amazing how often I'll view a video on my phone rather than my computer especially if we are on the road during the season or off recruiting.
5. Highlight Videos - I think nothing longer than 3 minutes. No need for an introduction. There are only so many "In looking at your school I know I would be a perfect fit" or "You are my number one school" or "Last summer I saved numerous puppies from burning buildings” and my favorite one….I am a hard worker that I can listen too in a given year. Just include game film and make sure you identify yourself in the clip. You can help us - the coaches in the body of the email where you start and your uniform number and color, but it's better to do so within the video.
6. Ensure you and your club teams have accurate information on University Athlete!!!!!
7. It's our job to find potential student-athletes. No need to remind us in the week leading up to the tournament what court and/or what time you play. It's our job to know that information. I know it's a nice touch. But there is a lot of work going on prior to a tournament to ensure a coach is ready to recruit. So if you do feel the need to send such an email and you don't get a response, it's because we don't have time.